

**Supplementary Table 1.** Loading amplitudes and corresponding numbers of cycles for the accelerated fatigue test

<b>Loading amplitude (N)</b>	<b>Number of cycles</b>
200	1,000
300	1,000
400	3,000
450	3,000
500	3,000
550	3,000
600	3,000
650	3,000
700	3,000
750	3,000
800	3,000
850	Until fracture